

WHAT ARE SUBSTANCE USE DISORDER TREATMENT SERVICES?

Persons with substance use disorders experience problems in their lives related to their substance use, such as dysfunctional relationships, poor performance in school or work, legal troubles, increased risk of suicide, and more. Peace River Center offers treatment to address these problems.

SERVICES INCLUDE

- Outpatient
- Intensive Outpatient
- Aftercare

WE SERVE

- Adolescents
- Adults
- Court Ordered
- Voluntary
- Individuals with co-occurring Mental Health Disorders
- Families

PEOPLE WITH ALCOHOL OR DRUG USE PROBLEMS CAN AND DO RECOVER!

For after hours crisis, call

Local: 863-519-3744

Toll-Free: 800-627-5906

CONCERNED? TAKE A BRIEF SELF-ASSESSMENT:

1. Do most or all of your social activities include drinking, smoking marijuana or drug use?
2. Have you had regrets about your behavior after drinking or using drugs?
3. Do you drink or use more than you used to get the same effect?
4. Have you ever forgotten all or part of an evening after drinking or using drugs?
5. Have you ever missed a work assignment or homework, or done poorly because of drinking or using drugs?
6. Have you ever had personal, legal or financial problems related to drinking or using but didn't alter your use patterns?
7. Do you have any family members with an alcohol or other drug problem?
8. Have you ever tried to stop or cut down but weren't always successful?

If you answered yes to two or more questions, you may be developing unhealthy drinking or substance use habits. It may be helpful for you to talk to a peer or professional counselor. Give Peace River Center a call today!

TO SCHEDULE AN EVALUATION, PLEASE CALL:

Local: 863-248-3311

Toll-Free: 800-305-6780

www.peacrivercenter.org

ADDRESS

1835 North Gilmore Ave.

Lakeland, Florida 33805



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SUBSTANCE USE SERVICES

RECOVERY IS REAL. GIVE IT A CHANCE.



Peace River Center®

COMPASSIONATE PEOPLE • POSITIVE IMPACT

SERVICES

Peace River Center's Substance Use services are certified and licensed by the State of Florida and known for being a practical, effective and evidence-based approach. We provide help for alcohol and drug-abusing adolescents and adults, as well as their families. Our program features an abstinence-based treatment program model that focuses on the development of healthy behaviors and lifestyle choices. Every person has exceptional individual strengths – our goal is to help identify and build upon those unique strengths.

TREATMENT OPTIONS

Substance use is a complex problem that can affect every aspect of your life. Recognizing that you have a problem is the first step on your road to recovery. When you are ready to make a change and willing to seek help, with the right treatment and support, you can regain control of your life.

Our innovative programs and team of highly trained, caring professionals provide a comprehensive network of education, assessment, treatment and referral services to help keep you from relapsing and teach you how to build your life without drugs or alcohol. Recovery is a time for discovery and change. Treatment will help clients with that change and help them reach their fullest potential.

CLINICAL ASSESSMENT

All services start with a comprehensive evaluation. This assessment allows us to evaluate how you are feeling and coping, both emotionally and physically, so we can recommend which services might best meet your needs. Following the assessment, our staff will work with you to develop an individualized plan of care. Depending on your needs, we offer a range of services.

TREATMENT SERVICES

Intensity of treatment services are determined at assessment and based on individual need. Services range from Outpatient to Intensive Outpatient and Aftercare Services. Housing support is available for clients that would benefit from a more structured environment.

TREATMENT APPROACH

We understand that your path to recovery is unique. We also recognize that individuals who have a substance use disorder may also have mental health symptoms or a psychiatric disorder. We believe that treating these disorders as a whole is critical to long-term success in recovery. Our experienced professionals will develop a personal treatment program for you that takes into account your background, struggles and goals, and all of your medical and psychiatric conditions. With our help, you can put substance abuse behind you.

Our substance use programs recognize that substance abuse is a disease with biological, psychological and social causes. It varies in severity and complexity, involves aspects of personal choice, and progress is often complicated by relapse.

Peace River Center uses a cognitive behavior model of addiction recovery with an emphasis on relapse prevention, education, and social support groups, combined with individual and group counseling and testing to motivate participants for enduring change.

BOTH DAYTIME AND EVENING OPTIONS ARE AVAILABLE.

For additional information, brochures or information on other services offered, please email crmores@peacrivercenter.org

TREATMENT PLAN

You and your counselor will work together to develop a treatment plan to address the needs identified in the assessment. A treatment plan is a written guide that include the person's goals and an action plan to meet those goals.

INDIVIDUAL COUNSELING

Individual counseling is an important piece of your treatment program. This is your opportunity to meet one-on-one with a licensed counselor to go over your personal recovery goals, discuss any barriers to your recovery that you encounter in your daily life, and problem-solve solutions that you can incorporate into your daily routine to overcome these barriers.

Counseling may be offered alone or in conjunction with any of our other group services. Specialized therapy is provided by licensed professionals for those identified with co-occurring disorders that may complicate their substance use.

GROUP THERAPY

We offer a variety of groups, including specialized groups for Relapse Prevention, Aftercare Support & Education, Anger Management, Trauma, and Codependency. Group therapy involves presentation of recovery-related information and its application to participants, along with group discussion. Our classes vary by site, but include medical information on substance use, life skills, meditation, spirituality, smoking cessation, parenting, and many other subjects aimed toward improving recovery knowledge and quality of life.