

The Opioid Crisis—Get the Facts

DID YOU KNOW...

- Heroin-related overdose deaths increased **5X** from 2010 to 2016.
- **1 in 5** deaths among young adults were opioid related in 2016.
- In 2011, more than **420,000** emergency department visits were related to the misuse or abuse of narcotic pain relievers.
- The prescribing rates for controlled substances among adolescents and young adults **nearly doubled** from 1994 to 2007.
- There were approximately **one and a half times more** drug overdose deaths in the United States in 2014 than deaths from motor vehicle crashes.
- In the past decade, while the death rates for the top leading causes of death such as heart disease and cancer have decreased substantially. The death rate associated with opioid pain medication has increased.
- In 2013, the United States, which continued to be the principal consumer country of oxycodone, accounted for **78%** of the world total.
- In 2016, **two out of three** drug overdose deaths involved some type of opioid.
- Every day in 2016, an estimated **1,600** young adults misused an opioid prescription for the first time.
- In 2016, **42,249** people died of opioid overdoses in America.
- In 2016, enough painkillers were prescribed to medicate every American adult 30 mg of Hydrocodone every day for almost a month.
- Over half of young adults who misused prescription opioids got them from a friend or family member.

Source: opioids.thetruth.com

PEACE RIVER CENTER SUBSTANCE USE SERVICES

Peace River Center offers substance use treatment for those experiencing problems with drugs or alcohol. Treatment includes group therapy, individual and family counseling, and medication therapy to assist clients struggling with abstinence from opioids or alcohol. Some people require the use of medications to assist them with stopping use.

Naltrexone is a drug used primarily in the continued management of alcohol dependence and opioid addiction. For people who've stopped drinking, naltrexone reduces the craving for alcohol many alcohol-dependent people experience when they quit drinking. Naltrexone also works to block the effects of opiate drugs like heroin and cocaine in the brain. Research has shown naltrexone can reduce cravings for alcohol and drugs for some people. Like most pharmaceutical treatments for alcohol and drug abuse, it works best if used in connection with an overall treatment regime.

Since this medication blocks the opioid receptors, thus blocking the euphoric feelings associated with opioid use, people who are addicted to opioids or alcohol and are on the medication must be sure to discuss any urges to use with a therapist during their treatment period. Some people who are on Naltrexone have attempted to continue opioid or alcohol use while on the medication. Since the effects of opioids or alcohol are blocked when on Naltrexone, people have accidentally overdosed attempting to get enough of the drugs into their system to produce the high they are seeking.

NARCAN® (naloxone HCl) Nasal Spray is the first and only FDA-approved nasal form of naloxone for the emergency treatment of a known or suspected opioid overdose. NARCAN® Nasal Spray counteracts the life-threatening effects of an opioid overdose. Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers. Peace River Center has Narcan available for staff at several of our facilities where it may be needed.