



CAGE Questionnaire for Alcohol Problem Screening

Drinking alcohol can affect your health. This is especially important if you take certain medications. We want to help you stay healthy and lower your risk for the problems that can be caused by drinking.

Please circle your answer.

Have you ever felt you should C ut down on your drinking?	No	Yes (1 point)
Have people A nnoyed you by criticizing your drinking?	No	Yes (1 point)
Have you ever felt bad or G uilty about your drinking?	No	Yes (1 point)
Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (E ye opener)?	No	Yes (1 point)
Total:		

Scoring Guide and Recommended Interventions

Points	Interpretation	Recommended Intervention
0	Screening is negative, no further action required.	None
1	Screening is negative, no further action required.	None
2-4	A total score of 2 or greater is considered clinically significant, which then should lead the physician to ask more specific questions about frequency and quantity.	Referral to substance use treatment professionals for assessment and/or treatment. Peace River Center's Substance Use Treatment Services can be accessed by calling 863-248-3311 .

Adapted from Kaiser Permanente Source <https://healthy.kaiserpermanente.org/health-wellness/health-encyclopedia/he.cage-questionnaire-for-alcohol-problems.hw127170>

***Peace River Center's Mobile Crisis Response Team is the non-medical emergency mental health provider for Polk, Highlands and Hardee Counties.** The phone number for the Mobile Crisis Response Team and the 24-Hour Mental Health Crisis Hotline is **863-519-3744**. For medical emergencies, call 911.