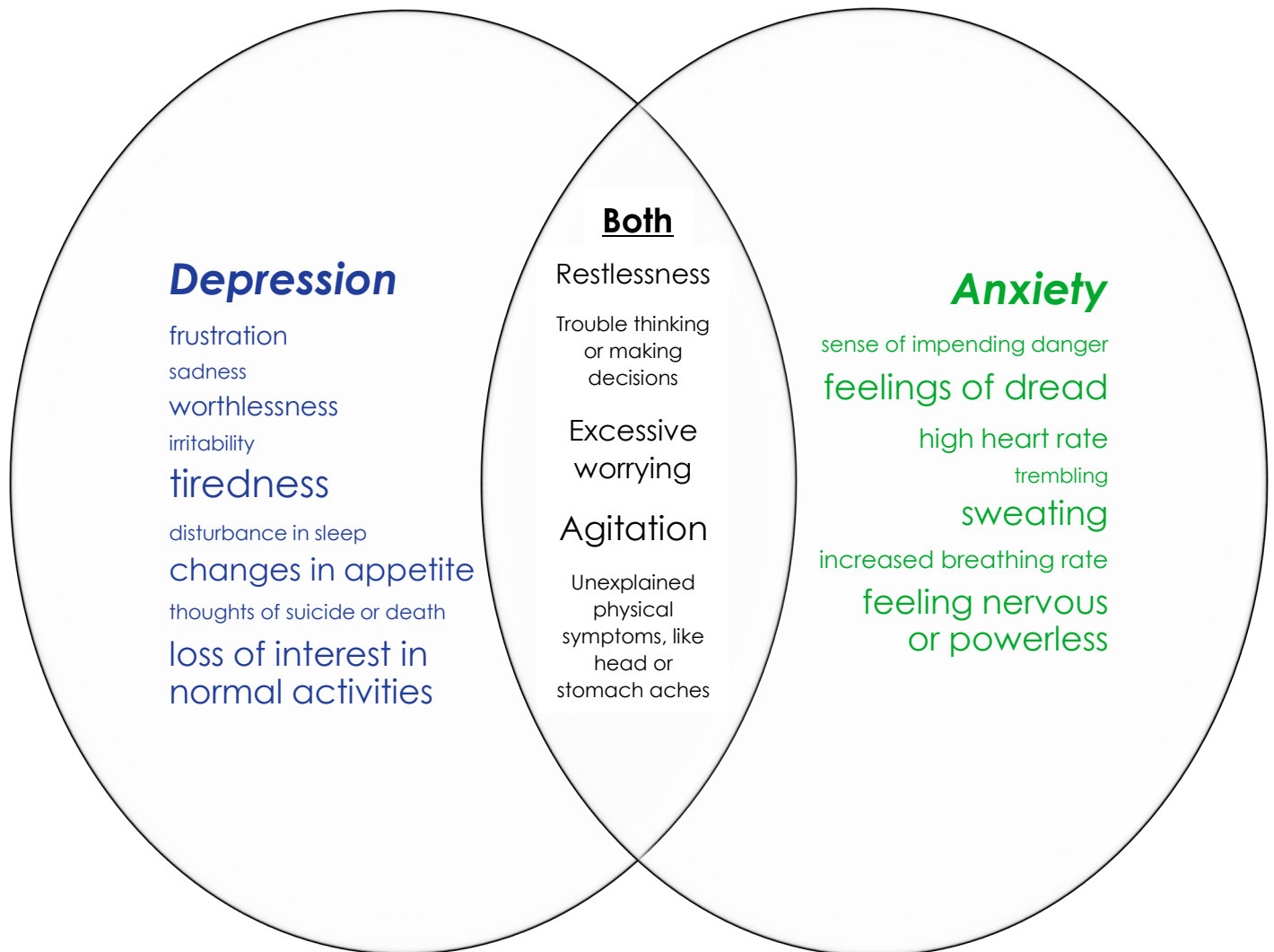


**Did you know one in five individuals is affected by anxiety and/or depression?
There are some differences and similarities in how they can affect an individual.
Here are some of the signs and symptoms.**



Have more questions about mental health?

If you have mental health questions or concerns, give Peace River Center a call today and schedule an evaluation at **863.248.3311** or toll-free at 800.305.6780. If you or a loved one experiences a mental health crisis, needs emotional support, or struggles with substance use urges, remember Peace River Center's Mobile Crisis Response Team is available for support 24 hours a day, 7 days a week by calling **863.519.3744**.