

#### BEHAVIORAL HEALTH SERVICES OVERVIEW

Peace River Center's Behavioral Health Services use a combination of individual, group, and family therapy to address both the child's mental health and social needs that might be creating obstacles for the child and their family. Once a brief assessment is completed by a licensed mental health counselor, the child is matched with a master's level therapist who will provide individualized support through weekly therapy.

# **SERVICES PROVIDED**

- Individual therapy addressing specific, child-centered goals
- Group therapy focusing on healthy communication, bullying, selfesteem, anger management, and impulse control
- Family therapy to strengthen parent/ child relationship and increase positive behavior at home

# Behavioral Health Services can help with:

- Poor listening/communication
- Being disrespectful
- Not following directions
- Verbal/physical aggression
- Truancy
- Delinquent behaviors

# **BENEFITS OF THERAPEUTIC SUPPORT**

- Evidence-based services with proven success
- Improves classroom behavior and academic growth
- Multi-disciplinary approach with teacher, student, and parent involvement
- Strengthens emotional intelligence and regulation of behavior
- Develops coping skills to improve both academic and social interactions
- Reduces recidivism of Baker Acts
- Peace River Center staff assists with linkage to additional mental health support and resources



Behavioral Health Services work to increase positive behavior and strengthen healthy family dynamics.



# REFERRAL AND INTAKE PROCESS

Referrals can be made by family, or be referred by:

- School staff
- Physician
- Therapist
- Others

All behavioral health services provided are voluntary.



Once a referral is made, an appointment is scheduled with a Licensed Mental Health Counselor who completes an assessment and develops a treatment plan. Peace River Center strives to make contact within 72 hours of referral.

### WHO IS ELIGIBLE?

Any child or adolescent (ages 2 to 19) who has Title XIX (Medicaid) and has a mental health diagnosis or a suspected diagnosis, which will be assessed, such as ADHD, oppositional defiant, conduct, or attachment disorders. If your child is not Title XIX insured, other payment options may be available.

To get started, call 863.519.0575, ext. 7300.

# **CONTACT INFORMATION**

To make a referral, please contact: Ashley Chapman, MA, CBHCMS 863.519.0575, ext. 7300

Please fax all completed referral forms to:
Peace River Center
Attn: Ashley Chapman, MA, CBHCMS
863.733.4491

If you have any questions, please contact: Tiffani Fritzsche, LMHC, CBHCMS 863.519.0575, ext. 6235 or Ashley Chapman, MA, CBHCMS 863.519.0575, ext. 7300



For after hours crisis, call: Crisis Line: 863.519.3744 Toll-free: 800.627.5906

For Outpatient Therapy or Medication Management appointments, call: Access Line: 863.248.3311





It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

