

## Understanding Substance Use Treatment Services

People with substance use disorders experience problems in their lives related to their substance use, such as dysfunctional relationships, poor performance in school or work, legal troubles, increased risk of suicide, and more. Peace River Center offers treatment to address these problems.

### Services Include:

- Outpatient
- Intensive Outpatient
- Aftercare

### We Serve:

- Adolescents
- Adults
- Court Ordered
- Voluntary
- Individuals with co-occurring Mental Health Disorders
- Families

People with alcohol or drug use problems can and do recover!



For after hours crisis, call:  
Local 863.519.3744  
Toll-Free: 800.627.5906

## Brief Assessment

1. Do most or all of your social activities include drinking, smoking marijuana or drug use?
2. Have you had regrets about your behavior after drinking or using drugs?
3. Do you drink or use drugs more than you previously did to get the same effect?
4. Have you ever forgotten all or part of an evening after drinking or using drugs?
5. Have you ever missed a work assignment or homework, or performed poorly because of drinking or using drugs?
6. Have you ever had personal, legal or financial problems related to drinking or using drugs?
7. Do you have any family members with an alcohol or other drug problem?
8. Have you ever tried to stop or cut down but weren't always successful?

If you answered yes to two or more questions, you may be developing unhealthy drinking or substance use habits. It may be helpful for you to talk to a peer or professional counselor. Give Peace River Center a call today!

### TO SCHEDULE AN EVALUATION CALL:

Local: 863.248.3311

Toll-Free: 800.305.6780

[www.PeaceRiverCenter.org](http://www.PeaceRiverCenter.org)



### ADDRESS

Gilmore Annex  
1825 Gilmore Avenue  
Lakeland, FL 33805



It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

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# SUBSTANCE USE SERVICES

RECOVERY IS REAL. GIVE IT A CHANCE.





Call today for a free and confidential assessment.

863.248.3311

Substance use is a complex problem that can affect every aspect of your life. Recognizing you have a problem is the first step on your road to recovery. When you are ready to make a change and willing to seek help, with the right treatment and support, you can regain control of your life.

### Treatment Plan and Therapy

Following the assessment, our staff will work with you to develop an individualized treatment plan, which is a written guide that includes your goals and an action plan to meet those goals. Intensity of treatment services are based on individual need. Services range from Outpatient to Intensive Outpatient and Aftercare Services.



Our program is certified and licensed by the State of Florida.

### Treatment Model

Our program features an abstinence-based treatment program model that focuses on the development of healthy behaviors and lifestyle choices.

- Assessment
- Referral Services
- Education
- Treatment



### Why Peace River Center?

Our Substance Use Treatment program uses a practical, effective and evidence-based approach. We provide help for alcohol and drug dependent adolescents and adults, as well as their families. Recovery is a time for discovery and change. Treatment will help clients with that change and help them reach their fullest potential.

### Individualized Treatment

We understand your path to recovery is unique. We also recognize individuals who have a substance use disorder may also have mental health symptoms or a psychiatric disorder. We believe treating these co-occurring disorders as a whole is critical to long-term success in recovery. Our experienced professionals will develop a personal treatment program for you that takes into account your background, struggles and goals, and all of your medical and psychiatric conditions. With our help, you can put substance use behind you.

Your treatment plan will include one-on-one counseling with a licensed counselor to go over your personal recovery goals, discuss any barriers to your recovery that you encounter in your daily life, and problem-solve solutions that you can incorporate into your daily routine to overcome these barriers. We also offer group therapy that covers a variety of topics including Relapse Prevention, Aftercare Support and Education, Anger Management, Trauma, and Codependency.

We recognize substance use disorder is a disease with biological, psychological and social causes. It varies in severity and complexity, involves aspects of personal choice, and progress is often complicated by relapse.

PRC uses a cognitive behavior model of addiction recovery. The emphasis is on relapse prevention, education, and social support groups, combined with individual and group counseling as well as testing to motivate participants enduring change.

### Getting Started

All services start with a comprehensive evaluation, which allows us to assess how you are feeling and coping, both emotionally and physically, so we can recommend which services might best meet your needs.

Learn more about individual counseling and group therapy: [www.PeaceRiverCenter.org/substanceuse](http://www.PeaceRiverCenter.org/substanceuse).

### DAYTIME AND EVENING OPTIONS

For more information or resources contact: [DRinger@PeaceRiverCenter.org](mailto:DRinger@PeaceRiverCenter.org)

Every person has exceptional strengths. Our goal is to help identify and build upon those strengths.

## **Medication Assisted Treatment**

- Naltrexone, known by the brand name Vivitrol, is designed to help clients who are dependent on opiates or alcohol
- This medication is not a narcotic and is non-addictive
- Vivitrol is an antagonist, which blocks opioid molecules from connecting to opioid receptors and it is designed to prevent relapse of opioid dependence
- Clients must have been detoxing for seven to 14 days prior to starting Vivitrol
- Clients who receive monthly Vivitrol doses should be in counseling in conjunction with injections for best results
- Patients who switch from therapy with the use of Suboxone should detox for a full 14 days prior to the first injection of Vivitrol
- Clients must pass urine drug screening and attest to being drug free prior to each injection
- Vivitrol users are 17 times less likely to relapse
- 55% of clients had no cravings for drug/alcohol with participants having 90% opioid free weeks
- Vivitrol is safe for use in individuals with HIV and Hepatitis, but liver enzymes should be closely monitored during treatment period
- The use of opioids in between injections of Vivitrol can lead to inadvertent overdose, severe injury, coma, or death
- There is a risk of reaction at the injection site for some recipients
- Vivitrol clients must inform their primary care physicians of their treatment because it can block the effects of opioid containing medications prescribed for cough, diarrhea, cold or pain