#### What is naloxone?

- Naloxone (Narcan, Evzio) temporarily stops an opioid overdose by blocking its effects on the brain.
- Naloxone does NOT work for overdoses involving alcohol or non-opioid drugs such as stimulants or benzodiazepines.
- Naloxone is safe to use and unlikely to cause harmful effects even if given to someone who is not overdosing on opioids.

#### Why do I need it?

- Anybody taking an opioid has a potential risk of overdosing.
- An overdose can occur even with proper use.
- Opioids can slow or stop breathing, leading to loss of consciousness or death.

# Signs of an opioid overdose: Cannot wake up Small or sliqua triognia Slow irregular Snoring or breaths or not gurgling breathing Blue lips or fingernails Body is limp

## What are opioid medications?



## How to Respond to an Opioid Overdose



**SHOUT & SHAKE** Shout their name and shake their shoulders



CALL 9-1-1 If unresponsive



**GIVE NALOXONE** 1 spray into nostril or inject 1 vial or ampoule into arm or leg



PERFORM RESCUE **BREATHING AND/OR CHEST** COMPRESSIONS

**IS IT WORKING?** If no improvements after 2-3 minutes, repeat steps 3 & 4. Stay with them.

You may not know that

are also opioids and carry the same risks.







## An opioid overdose can happen to anyone taking an opioid

## What are the types of naloxone?

Get a free take home Naloxone kit just in case!

#### Naloxone injection

Injectable naloxone is easy to use and your pharmacist will train you when receiving your kit.

> Upper arms Buttocks Thighs

#### How to use injectable naloxone:

https://uwaterloo.ca/pharmacy/news/ naloxone-pharmacieswhat-you-needknowcombat-opioid-crisis



#### **Naloxone nasal spray** — Intranasal naloxone is for the nose.

It is easy to use and works even if you need to give it to a person who is not breathing.

# How to give naloxone nasal spray:

- Peel the package open and hold the device. Do not press until ready to give naloxone.
- Place the nasal end in the nostril.
- Press plunger firmly to spray.

It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

#### How to stay safe on opioid medications:

#### Do not drink alcohol.

Do not start any new medications without talking to your doctor, nurse practitioner, or pharmacist first.

Do not share medications.

Store medications in a safe and secure place.

Take your medications exactly as prescribed. If you have questions, ask your prescriber or pharmacist.

#### Who is eligible for a Naloxone kit?

- Anyone who is currently using opioids
- Anyone who is a past opioid user who is at risk of returning to opioid use
- Anyone who is a family member, friend or other person in a position to assist a person at risk of overdose from opioids

#### Where can I get Naloxone to save a life?

Stop by any of these Peace River Center sites, and ask for a free Narcan (naloxone) Nasal Spray kit. We will not ask your name or any personal information.

- Avon Park Outpatient Facility: 950 CR 17A West, Avon Park, FL 33825
- Bartow Crisis Stabilization Unit: 1255 Golfview Ave, Bartow, FL 33830
- FACT / Substance Abuse Program: 1825 Gilmore Ave, Lakeland FL 33805
- Gilmore Outpatient Office: 1831 Gilmore Ave, Lakeland, FL 33805
- Lakeland Crisis Stabilization Unit: 715 North Lake Ave, Lakeland, FL 33801
- Lake Wales Outpatient Facility: 815 State Road 60 E, Lake Wales, FL 33853
- Wauchula Outpatient Facility: 213 E Orange St, Suite B, Wauchula, FL 33873
- Wellness Clinic:

1835 Gilmore Ave, Lakeland, FL 33805

# Naloxone what you need to know to save a life





Crisis Line: 863.519.3744 Toll-free: 800.627.5906 Access to Care: 863.248.3311

