

Short-Term Adult Residential (SRT)



Understanding the Short-Term Adult Residential (SRT)

Peace River Center's SRT is a secure 30-bed specialized residential unit that serves patients who have been determined by the court to require a longer term stay than the crisis stabilization unit (CSU) offers. This determination is based on the patient continuing to meet Baker Act criteria during their current CSU stay, number of previous submissions, history of past unsuccessful discharge plans, and lack of engagement in community-based services.

The SRT provides high-risk patients with a safe, therapeutic environment for an extended length of time (179 day court order) to be assessed more thoroughly, receive more intensive treatment, and develop a more comprehensive discharge plan to enhance the likelihood of success in a community-based setting.

The SRT offers a comprehensive array of group interventions on a daily basis. Due to the extended length of stay, clinicians are able to explore more discharge options such as connecting and educating supportive family members, securing benefits, or working with other community agencies to accept patients more readily with a longer period of stability.

Goals and Structure

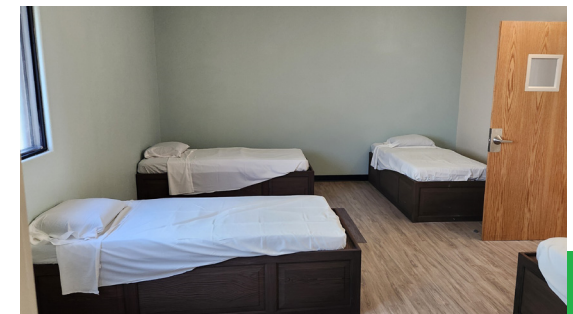
We want all patients to feel important and valued during their SRT stay. Our staff is skilled at working with a variety of diagnosis while treating individuals with integrity and respect. The goal is to restore individuals to a point where they can return to the community with a better understanding of their diagnosis and necessary life skills.

Patients are offered six groups daily, which focus on learning how to live with their diagnoses and coping skills to overcome the negative aspects of their mental illness. They are encouraged to participate in all four program phases. Each phase has unique assignments and expectations. Upon completing phases, individuals are rewarded with various opportunities, including community outings.



Daily Schedule

| | |
|-----------------------|-----------------------------------|
| 7:00 a.m. | Lights On |
| 7:00-7:30 a.m. | Make Bed/Clean Room/ Free Time |
| 7:30-8:00 a.m. | Hygiene/Locker/Laundry |
| 8:00-8:30 a.m. | Breakfast |
| 8:30-9:30 a.m. | Group #1 |
| 9:30-10:00 a.m. | Snack/Free Time |
| 10:00-11:00 a.m. | Group #2 |
| 11:00-11:30 a.m. | Hygiene/Locker/Laundry |
| 11:30 a.m.-12:30 p.m. | Lunch/Free Time |
| 12:30-1:30 p.m. | Group #3 |
| 1:30-2:00 p.m. | Snack/Free Time |
| 2:00-3:00 p.m. | Group #4 |
| 3:00-3:30 p.m. | Free Time |
| 3:30-4:00 p.m. | Hygiene/Locker/Laundry |
| 4:00-5:00 p.m. | Group #5 |
| 5:00-6:00 p.m. | Dinner/Free Time |
| 6:00-6:30 p.m. | Hygiene/Locker/Laundry |
| 6:30-7:00 p.m. | Vending/Free Time |
| 7:00-8:00 p.m. | Group #6 |
| 8:00-8:30 p.m. | Snack/Free Time |
| 8:30-9:00 p.m. | Hygiene/Locker/Laundry |
| 9:00-9:30 p.m. | Relaxation/Shaving |
| 9:30-10:00 p.m. | Free Time |
| 10:00 p.m. | Lights Out |



Who Can Be Admitted to SRT?

- Individuals who have a court order for SRT/State Hospital
- Individuals 18 years old or older
- Individuals who are at risk of harming themselves or someone else
- Individuals with previous mental health hospitalizations
- Individuals with no less restrictive alternatives for support
- Individuals with IQ above 70
- Individuals who are medically stable
- Individuals who are able to function without use of restraint devices, close observation, or suicidal/homicidal precautions, as evidenced by lack of seclusion or restraint orders or other precautions in clinical file for at least five days, depending on individual's length of stay at receiving facility
- Individuals who are not an elopement risk

Visitation Hours:

Monday to Friday 5:30-6:30 p.m. and weekends/holidays 2:30-4:00 p.m.

Short-Term Adult Residential (SRT)

1255 Golfview Avenue
Bartow, FL 33830
863.519.0575

Please do not hesitate to contact us if you have any questions or concerns regarding SRT.

Peace River Center
P.O. Box 1559
Bartow, FL 33831



For after hours crisis, call:
Crisis Line: 863.519.3744
Toll Free: 800.627.5906

For Access to Care call:
863.248.3311



It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

Rev. 11/24

