

PROGRAM OVERVIEW

Community Action Treatment (CAT) Team is a self-contained, multi-disciplinary clinical team. CAT provides comprehensive, intensive community-based treatment to families with youth or young adults who are at risk of out-of-home placement due to a mental health or co-occurring substance use disorder or other related complex issues.

CAT provides family-centered, culturally competent services individualized according to the strengths and needs of each youth or young adult and his/her family.

The goal is to support and sustain the youth or young adult in his/her family system with the least restrictive and most clinically appropriate environment. The family is treated as a unit and all family members' needs are addressed.

Family commitment and participation are essential and expected for success.



SERVICES PROVIDED

- 24/7 On-Call Coverage/Support
- Case Management
- Crisis Intervention
- Educational System Advocacy and Coordination
- Employment/Vocational Services
- Family Support Network Development
- Legal System Advocacy and Coordination
- Life Skills Development
- Mentoring
- Parenting Skills/Behavior Modification
- Psychiatric (Evaluation and Medication Management)
- Respite Services (Drop-off Groups for Children)
- Therapy (Individual, Group, Family)

Strengths + Supports + Skills = SUCCESS

Length of services is typically six to nine months.

The CAT staff will consult with each referral source to discuss individual eligibility and clinical appropriateness for the program.





REFERRAL AND INTAKE PROCESS

CAT referrals must be completed by the current mental health and medical providers, school staff, Department of Juvenile Justice (DJJ), or the Department of Children and Families (DCF).

Eligibility Requirements:
Individuals aged 11-21 with a mental health diagnosis or co-occurring substance abuse diagnosis with one or more of the following accompanying characteristics:

- At risk for out-of-home placements demonstrated by repeated failures at less restrictive levels of care
- At least two or more psychiatric hospitalizations
- Involvement with the Department of Juvenile Justice
- Multiple episodes involving law enforcement
- Poor academic performance and/or suspensions

(Exceptions may be made for children under 11 if they meet two or more eligibility requirements.)

If you have any questions or are currently providing services for a youth who may benefit from CAT services please complete the referral in its entirety and send to:

Attn: Tiffani Fritzsche, LMHC, CBHCMS
863.519.0575 ext. 6235
Tiffani.Fritzsche@
PeaceRiverCenter.org

Peace River Center
Community Action Treatment (CAT) Team
1664 Williamsburg Square
Lakeland, FL 33803
863.500.3780
Fax: 863.733.3129

For after hours crisis, call:
Crisis Line: 863.519.3744
Toll-free: 800.627.5906

For Access to Care call:
863.248.3311

UNITED WAY Central Florida

It is the policy of Peace River Center to provide equal opportunity in employment and the provision of services to all persons without regard to race, color, creed, sex, national origin, age, sexual orientation, religion, veteran status, disability, genetic information or genetic identity or other protected classifications.

Rev. 08/26

CHILDREN'S SERVICES

COMMUNITY ACTION TREATMENT (CAT) TEAM

